



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. League competition.
Course of Fire	20 shots at 50 yards or 50 metres and 20 shots at 100 yards per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89, and 1001 or 1003BM)
Period of Shooting	Summer League - April to September
Special Conditions	

Prizes & Awards	
Winners, Division 1	The Twining Challenge Cup Pennant, 5 National League Badges, Team Certificate and the title of Champion Team of the year.
Winners, Division 2	The Patriotic Challenge Shield No 4
Winners, Division 3	The Heslop Challenge Shield
Winners, Division 4	The ICI Civilian Marksman Challenge Trophy
Winners, Division 5	The Patriotic Challenge Shield No 3
Winners, except Division 1	5 National League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA having a range in Scotland. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. League competition.
Course of Fire	20 shots at 50 yards or 50 metres and 20 shots at 100 yards per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89, and 1001 or 1003BM)
Period of Shooting	Summer League - April to September
Special Conditions	A team entering this competition and the National League (Competition 100) may shoot its matches concurrently by arrangement with the NSRA

Prizes & Awards	
Winners Division 1	The Scottish League Shield Pennant, 5 Scottish League Badges and Team Certificate
Winners Division 2	The Solway Trophy
Winners Division 3	The Lincluden Trophy
Winners, except Division 1	5 Scottish League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. League competition.
Course of Fire	20 shots at 50 yards or 50 metres and 20 shots at 100 yards per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89, and 1001 or 1003BM)
Period of Shooting	Summer League - April to September
Special Conditions	Any sights may be used.

Prizes & Awards	
Winners all Divisions	5 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. League competition.
Course of Fire	40 shots at 50 yards or 50 metres per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89)
Period of Shooting	Summer League - April to September
Special Conditions	

Prizes & Awards	
Winners, all Divisions	Five 50 Yards/50 Metres League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 4. League competition.
Course of Fire	20 shots at 50 yards per team member per round.
Targets	Long Range Metric Rifle (MM8)
Period of Shooting	Summer League - April to September
Special Conditions	If a 50 yard range is unavailable, this event can be shot at 50 metres, but the use of the MM8 target still applies.

Prizes & Awards	
Winners, Division 1	Mrs Edwin L Bell Challenge Trophy
Winners, all Divisions	4 Metric League Silver Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA, and be over 60 in the year the competition takes place. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	20 shots at 50 yards or 50 metres and 20 shots at 100 yards per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89, and 1001 or 1003BM)
Period of Shooting	Summer League - April to September
Special Conditions	A team entering this competition and the National League may shoot its matches concurrently by arrangement with the NSRA.

Prizes & Awards	
Winners, all Divisions	3 National League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. League competition.
Course of Fire	10 shots at 15, 20 or 25 yards or 25 metres per team member per round.
Targets	Short Range Rifle (1510BM, 2010BM, 2510BM, 25M10BM)
Period of Shooting	Summer League – April to September
Special Conditions	

Prizes & Awards	
Winners, all Divisions	5 Short Range League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate
Clubs may purchase one Short Range League Best Average Gold Medal for each team they enter, for award to the team member with the highest average over not less than 75% of the matches shot by the team.	



Conditions

Eligibility	Category A Clubs. Team members <u>are not</u> required to be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 4. Competition shot in two sections according to age - under 18 or under 15 on the day of shooting. Competitors under 15 may also shoot in the under 18 section.
Course of Fire	20 shots deliberate per team member, 10 each at two cards at 15, 20 or 25 yards, or 25 metres.
Targets	Short Range Rifle (1510BM, 2010BM, 2510BM, 25M10BM)
Period of Shooting	May to July
Special Conditions	Any 0.22 rimfire calibre rifle may be used. Any foresight and rearsight may be used, but telescopic / optical sights are not permitted Coaching and spotting allowed.

Prizes & Awards

Winners, Under 18	Mrs E B Caird Challenge Cup and four NSRA Small Gold Plaquettes
Sea Cadet team with the best score, U18	Sea Cadets Corps Bowl
Winners, Under 15	The Harvey Hadden Challenge Trophy No 2 and four NSRA Small Gold Plaquettes
Army Cadet Force team with the best score, U18	The ACF Summer Bowl
Runners-up, both sections	Four NSRA Small Silver Plaquettes (if more than five entries in each section)

Competition 140**50 Yards or 50 Metres 3P****3P Rifle****Conditions**

Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	60 shots (20 prone, 20 standing, 20 kneeling) at 50 yards or 50 metres per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89)
Period of Shooting	Summer League - April to September
Special Conditions	To be shot in accordance with ISSF Rules on rifles, equipment and time limits. Each position must be fired on one day, but different positions may be fired on different days. All positions must be fired on the same range.

Prizes & Awards

Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions

Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	20 shots (10 standing, 10 kneeling) at 15, 20 or 25 yards per team member per round.
Targets	Short Range Rifle (1505BM, 2005BM, 2505BM)
Period of Shooting	Summer League - April to September
Special Conditions	To be shot in accordance with ISSF Rules on rifles, equipment and time limits. Each position must be fired on one day, but different positions may be fired on different days. All positions must be fired on the same range.

Prizes & Awards

Winners, Division 1	Thomas Sutton Challenge Cup
Winners, all Divisions	3 Standing & Kneeling League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	20 shots at 20 yards or 25 metres per team member per round.
Targets	Free Pistol (PL14, PL14/06, PL19)
Period of Shooting	Summer - April to September
Special Conditions	

Prizes & Awards	
Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions

Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	20 shots at 10 metres per team member per round.
Targets	Air Rifle (Air 1, Air 2, Air 3/89, or any ISSF approved equivalent)
Period of Shooting	Summer League - April to September
Special Conditions	Rifles must conform to ISSF Rules. Match crossbows may be used instead of air rifles.

Prizes & Awards

Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	20 shots at 20 yards or 50 metres per team member per round.
Targets	Slowfire pistol (PL15, PL15/09 – 20 yards; PL7 – 50 metres)
Period of Shooting	Summer League – April to September
Special Conditions	0.177/0.22 air pistols may be used. Free pistols may be used.

Prizes & Awards	
Winners, Division 1	The Victory Challenge Cup
Winners, Division2	Webley and Scott Challenge Cup
Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	20 shots at 10 metres per team member per round.
Targets	Deliberate Air Pistol (Air 4/89 or any ISSF approved equivalent)
Period of Shooting	Summer League – April to September
Special Conditions	Pistols must conform to ISSF Rules.

Prizes & Awards	
Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	20 shots at 50 metres per team member per round.
Targets	50 Metre Benchrest (MM12BR15)
Period of Shooting	Summer League - April to September
Special Conditions	All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).

Prizes & Awards	
Winners, all Divisions	3 NSRA Gold Plaquettes and Team Certificate
Runners-up, All Divisions	Team Certificate



Conditions

Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	20 shots at 20 or 25 yards or 25 metres per team member per round.
Targets	Short Range Benchrest (2010BR15, 2510BR15, 25M10BR15)
Period of Shooting	Summer League - April to September
Special Conditions	All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).

Prizes & Awards

Winners, all Divisions	3 NSRA Gold Plaquettes and Team Certificate
Runners-up, All Divisions	Team Certificate



Conditions	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. League competition.
Course of Fire	20 shots at 100 yards per team member per round.
Targets	100 Yard Benchrest (1001BR15)
Period of Shooting	Summer League - April to September
Special Conditions	All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).

Prizes & Awards	
Winners, all Divisions	3 NSRA Gold Plaquettes and Team Certificate
Runners-up, All Divisions	Team Certificate



Conditions	
Eligibility	Teams representing a City, Town, District or Borough Council area. A team member is not required to be a Life, Annual or Associate Member of the NSRA, but must be a member of an NSRA affiliated club. A team member must reside in the Council area or be a member of a club whose home range is in the Council area.
Format	Teams of 8. Single stage competition.
Course of Fire	30 shots at 15, 20 or 25 yards or 25 metres per team member.
Targets	Short Range Rifle (1510BM, 2010BM, 2510BM, 25M10BM)
Period of Shooting	March to April
Special Conditions	Each City, Town, District or Borough may enter only one team. The team must shoot their cards on the same range and the same day.

Prizes & Awards	
Winners	Provincial Cities and Boroughs Challenge Trophy and 8 Cities and Boroughs Gold Medals
Leading Scottish Team	Wyllie Barr and Ross Challenge Trophy
Runners-up	8 Cities and Boroughs Silver Medals (if more than 5 entries)



Conditions	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition, shot in three classes.
Course of Fire	Two courses of 60 shots at 100 yards.
Targets	Long Range Rifle (1001 or 1003BM)
Period of Shooting	1 st Course - April to June 2 nd Course - July to September
Special Conditions	Any sights may be used. Competitors will be divided into classes of approximately equal size according to average.

Prizes & Awards	
Winner, in each class and course	NSRA Small Silver Plaque
Second, in each class and course	NSRA Small Bronze Plaque
Winner – Aggregate in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – Aggregate in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – Aggregate in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)

* Additional bronze plaquettes may be awarded in the event of significantly higher entries.

Badge Picture here



Conditions	
Eligibility	Life, Annual or Associate members of the NSRA, who are over 60 in the year the competition takes place.
Format	Individual league competition.
Course of Fire	40 shots at 50 yards or 50 metres per round.
Targets	Long Range Rifle (5002, MM12 orMM13/89)
Period of Shooting	Summer League - April to September
Special Conditions	

Prizes & Awards	
Winners, all Divisions	NSRA Small Gold Plaquettes
Runners-up, all Divisions	Certificate



Conditions	
Eligibility	Life, Annual or Associate members of the NSRA
Format	Individual competition shot in classes based upon the number of entries
Course of Fire	Three courses of 30 shots at 20 yards or 25 metres standing.
Targets	Free Pistol (PL14, PL14/06, PL19)
Period of Shooting	May to July
Special Conditions	Cards for each course must be shot on a single day. Any sights may be used. Junior awards are open to those who are aged under 21 on 31 st December of the year of entry.

Prizes & Awards	
Winner, of each course, in each class	NSRA Small Gold Plaque
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)
Leading Junior Overall	NSRA Large Gold Plaque



Conditions	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in classes based upon the number of entries.
Course of Fire	Three courses of 30 shots prone at 15, 20 or 25 yards.
Targets	Short Range Cadets & Schools Rifle (1505CS, 2005CS, 2505CS)
Period of Shooting	May to July
Special Conditions	Cards for each course must be shot on a single day. Any sights may be used. Junior awards are open to those who are aged under 21 on 31 st December of the year of entry.

Prizes & Awards	
Winner, of each set, in each class	NSRA Small Gold Plaque
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)
Leading Junior Overall	NSRA Large Gold Plaque



Conditions	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in classes based upon the number of entries.
Course of Fire	<p>Three courses of 30 shots at 20 yards or 25 metres standing.</p> <p>Each course of 30 shots consists of the following:</p> <ul style="list-style-type: none"> • 2 series of 5 shots, each in 150 seconds • 2 series of 5 shots, each in 20 seconds • 2 series of 5 shots, each in 10 seconds <p>No sighting shots are permitted after the first competition series has been fired.</p>
Targets	Free Pistol (PL14, PL14/06, PL19)
Period of Shooting	May to July
Special Conditions	<p>Cards for each course must be shot on a single day.</p> <p>Any sights may be used.</p> <p>Junior awards are open to those who are aged under 21 on 31st December of the year of entry.</p>

Prizes & Awards	
Winner, of each set, in each class	NSRA Small Gold Plaque
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)
Leading Junior Overall	NSRA Large Gold Plaque



Conditions	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in four classes.
Course of Fire	Two courses of 60 shots at 10 metres.
Targets	Air Rifle (Air 1, Air 2, Air 3/89, or ISSF approved equivalent)
Period of Shooting	April to May
Special Conditions	<p>The two courses may be shot on a single day.</p> <p>Rifles must conform to ISSF Rules.</p> <p>Match crossbows may be used instead of air rifles.</p> <p>Competitors will be divided into classes according to average ex 200:</p> <p>The Junior award is open to those who are aged under 21 on 31st December of the year of entry.</p>

Prizes & Awards	
Winner – Aggregate of both courses in each class	NSRA Large Gold Plaquette (where there are 2 to 5 competitors)
Second – Aggregate of both courses in each class	NSRA Large Silver Plaquette (where there are 6 to 10 competitors)
Third – Aggregate of both courses in each class	NSRA Large Bronze Plaquette (where there are more than 10 competitors)
Leading Junior Overall	NSRA Large Gold Plaquette



Conditions	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual league airgun competition organised in divisions according to average.
Course of Fire	20 shots at 10 metres per round.
Targets	Air Pistol (Air 4/89) or Air Rifle (Air 1, Air 2, Air 3/89) as appropriate to the airgun being used. ISSF approved airgun targets may also be used.
Period of Shooting	Summer League - April to September
Special Conditions	The competition is open to both air pistol and air rifles competitors, who will be placed in divisions according to their average, but irrespective of the airgun used. Divisions may therefore contain competitors of either discipline.

Prizes & Awards	
Winners, all Divisions	NSRA Small Gold Plaquettes
Runners-up, all Divisions	Certificate



Conditions	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in three classes.
Course of Fire	30 shots at 20 yards per competitor.
Targets	Slowfire pistol (PL15, PL15/09)
Period of Shooting	May to June
Special Conditions	Competitors will be divided into three classes according to average: The shoot must be completed on the same day. 0.177/0.22 air pistols may be used. Free pistols may be used. There is no minimum trigger weight.

Prizes & Awards	
Winner, Class A	Tiger Trophy
Winner – in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)



Conditions

Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition, shot in four classes.
Course of Fire	Two courses of 60 shots at 10 metres, five shots per target.
Targets	Deliberate Air Pistol (Air 4/89, or any ISSF approved equivalent)
Period of Shooting	April to May
Special Conditions	<p>Pistols must conform to ISSF Rules.</p> <p>The two courses may be shot on a single day.</p> <p>Competitors will be divided into classes according to average ex 200.</p> <p>The Junior award is open to those who are aged under 21 on 31st December of the year of entry.</p> <p>In the event of a tie in the Aggregate, the better score on the latest course will take precedence.</p>

Prizes & Awards

Winner – Aggregate of both courses in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – Aggregate of both courses in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – Aggregate of both courses in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)
Leading Junior Overall	NSRA Large Gold Plaque



Conditions

Eligibility	Life, Annual or Associate members of the NSRA
Format	Individual competition shot in classes based upon the number of entries
Course of Fire	Three courses of 40 shots at 50 metres.
Targets	50 Metre Benchrest (MM12BR15)
Period of Shooting	June to September
Special Conditions	Competitors will be divided into a number of classes, according to entry, of approximately equal size according to average. Cards for each course must be shot on a single day. Any sights may be used. All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5). Rifles of 0.22 calibre or less, rimfire cartridge or air, may be used.

Prizes & Awards

Winner, of each course, in each class	NSRA Small Gold Plaque
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)



Conditions

Eligibility	Life, Annual or Associate members of the NSRA
Format	Individual competition shot in classes based upon the number of entries
Course of Fire	Three courses of 40 shots at 100 Yards.
Targets	100 Yard Benchrest (1001BR15)
Period of Shooting	June to September
Special Conditions	Competitors will be divided into a number of classes, according to entry, of approximately equal size according to average. Cards for each course must be shot on a single day. Any sights may be used. All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5). Rifles of 0.22 calibre or less, rimfire cartridge or air, may be used.

Prizes & Awards

Winner, of each course, in each class	NSRA Small Gold Plaque
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)

Competition 396	Short Range Benchrest Any Sights	Benchrest
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Conditions	
Eligibility	Life, Annual or Associate members of the NSRA
Format	Individual competition shot in classes based upon the number of entries
Course of Fire	Three courses of 40 shots at 20 or 25 yards or 25 metres.
Targets	Short Range Benchrest (2010BR15, 2510BR15, 25M10BR15)
Period of Shooting	June to September
Special Conditions	<p>Competitors will be divided into a number of classes, according to entry, of approximately equal size according to average.</p> <p>Cards for each course must be shot on a single day.</p> <p>Any sights may be used.</p> <p>All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).</p> <p>Rifles of 0.22 calibre or less, rimfire cartridge or air, may be used.</p>

Prizes & Awards	
Winner, of each course, in each class	NSRA Small Gold Plaque
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)



Conditions	
Eligibility	Category C Associations affiliated to the NSRA. Team members must reside in the County for which they shoot (NSRA Rule 3.3.1)
Format	Teams of 5. The team must shoot on the same range on the same day, or on either of 2 ranges if desired, but on the same day.
Course of Fire	20 shots at 20 or 25 yards or 25 metres per team member per round.
Targets	Short Range Benchrest (2010BR15, 2510BR15, 25M10BR15)
Period of Shooting	January to September
Special Conditions	All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).

Prizes & Awards	
Winners, all Divisions	5 NSRA Gold Plaquettes and Team Certificate
Runners-up, All Divisions	Team Certificate